

## AZ Sleep and TMJ Solutions

AZ Sleep and TMJ Solutions 10465 • E Pinnacle Peak Pkwy #103 • Scottsdale, AZ 85255 (480) 515-6209 • azsleepandtmj.com









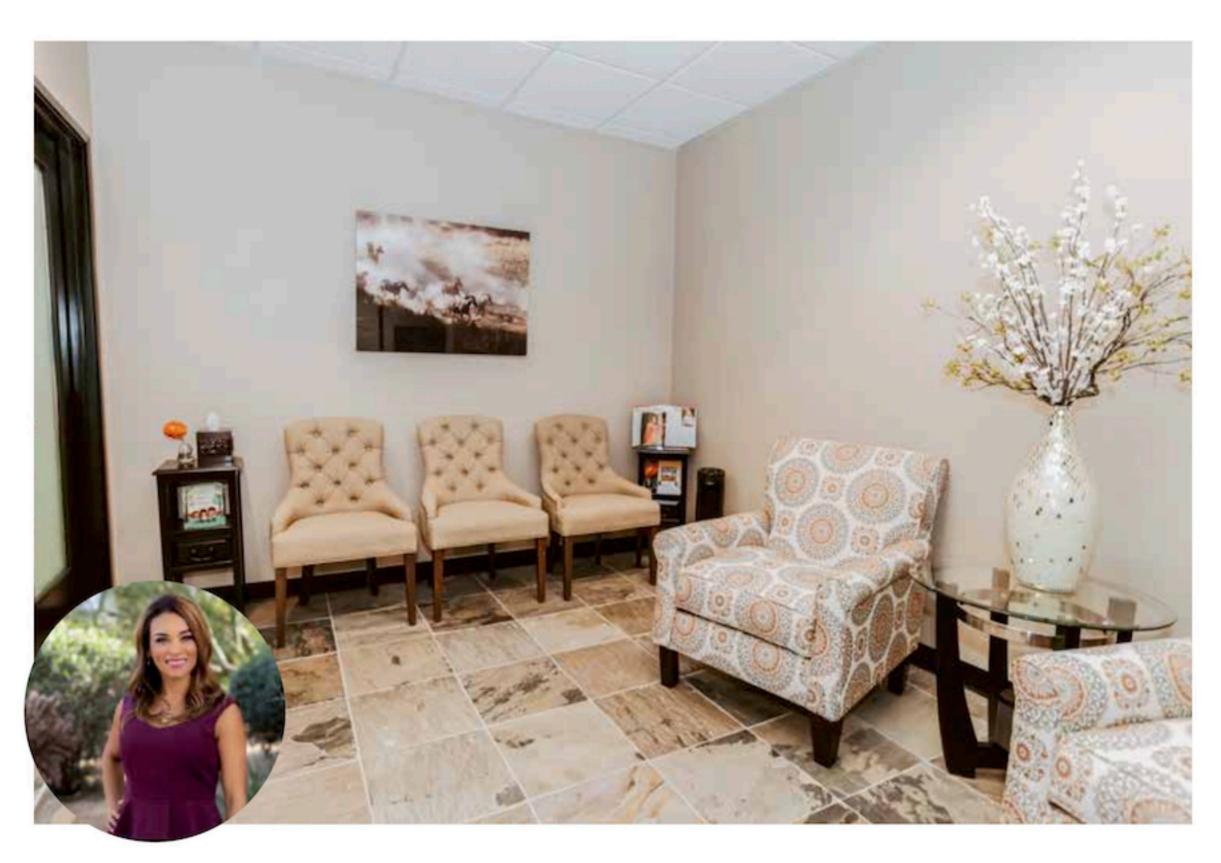


AZ Sleep and TMJ Solutions, our biggest distinguishing factor is our high standards of care not only in ensuring the quality of our work but the overall quality of the patient experience. We strive to create a comfortable and warm environment while delivering excellent clinical work that will last. We also aim to educate our patients and empower them with tools and skills to maintain and protect their health through consistency and prevention. We take a very comprehensive approach in seeing our patient as a whole and recognizing all the complex factors that have influence on their overall health.

Many patients suffer from headaches, jaw, pain and snoring but at AZ Sleep and TMJ Solutions, we

are here to provide SOLUTIONS! Dr. Vizcarra is able to problemsolve the most difficult issues using research-based clinical techniques with proven results. Our specialty practice provides individual patientcentered care for treatment of a variety of TMJ and orofacial pain disorders as well as sleep apnea.

We at AZ Sleep and TMJ Solutions along with Pinnacle Peak Family Dentistry are proud to provide truly comprehensive care for our patients. Our practices offer a wide range of services that will suit the diverse dental and sleep medicine needs of any patient. Our team of exceptional dental providers, Dr. Sara Vizcarra, Dr. Christine Tran and Dr. Christopher Bebeau work together to deliver care to the highest quality of standards. Whether those needs are routine care, pediatric, Invisalign, cosmetics, extractions or implants, they can offer comprehensive service as advanced general dentists with the technical skills to meet your complex needs. We also offer a specialized type of restorative procedure called BIOCLEAR which can fill in black triangle spaces, serve as a minimally invasive alternative to veneers or crowns and can be much longer lasting than conventional fillings. We also utilize two different types of lasers in the treatment of gum disease. This cutting edge technology increases the success of treatment and can be a less invasive alternative to certain types



of gum surgery. Dr. Vizcarra has even specialized further to provide treatment for TMJ disorders, orofacial pain, and sleep apnea.

As our patient, you can trust that your needs will be met with the utmost attention and care. Our team of talented doctors and staff continually enhance themselves through continued education and our practice constantly evolves to provide the best materials and latest in technology. We continue to work at expanding our availability to help more patients and make scheduling easier. With Dr. Bebeau joining our team this year, we are able to have better accessibility and shorter wait times for appointments. We plan on launching several educational campaigns to get the message out about our amazing specialized services such as surgically guided implant placement using 3D imaging, orthodontic treatment that is free

of brackets and metal wires through Invisalign, our minimally invasive laser treatment for gum disease and minimally invasive BIOCLEAR restorations.

We understand some patients may be nervous about going to the dentist and we recognize that dentistry is service and that means taking care of the whole individual. We strive to create a warm and inviting atmosphere. Our office is not the typical stark white and cold looking dental office because we know how intimidating that can seem. We strive to make it feel like a home because we care for our patients as if they are family. Each treatment room is private with some lovely views of the beautiful surrounding mountains. During appointments, our number one priority is patient comfort. We spend our time thoroughly explaining procedures to reduce anxiety as well as provide adequate anesthesia to ensure the treatment is painless.

We also employ special isolation techniques to protect the airway and help support the jaw muscles and joints. When needed, additional anxiolytic strategies are available such as laughing gas or an oral sedative.

We know patients have a lot of choices when it comes to dental providers and the decision can be hard. With that said, we try to genuinely represent our philosophy as a practice so patients can know if we are going to be the right fit for their oral health goals. Our mission is to help patients attain their highest level of health in the most comfortable environment possible. So for those patients who highly value their oral health, Pinnacle Peak Family Dentistry can be their ideal dental home. We provide treatment to the standards we would want for our very own family because our valued patients of Pinnacle Peak Dentistry are our family.

SAVE THE DATE! We are happy to announce the expansion of AZ Sleep and TMJ Solutions! Save the date for January 28th, 2023 we invite you and your family to celebrate with us at our grand re-opening and meet our dentists. Enjoy food trucks, several prizes and plenty of smiles!