

151 of the VALLEY'S
TOP DENTISTS

AN EXTREMELY PREMATURE
ORAL HISTORY of the RECOUNT

SUMMER FUN in the
EMERALD CITY

PHOENIX

511

of the
Awesomest
(Is That a Word?)
People,
Places &
Things
in the
Valley!

AZ Merch
& Clothes

The
BEST
BRISKET
Scientifically Proven!

Dining &
Drinking
Picks

AZ
BEER
Showdown!



J.J. Watt

Arizona
Cardinals'
Sack Machine



VALLEY DENTISTS

FROM OUR PARTNERS



Sara Vizcarra, DDS, DABCP,
DABCDSM, DABDSM
Dentist Treating Sleep Apnea
and TMJ Disorders

As a graduate of the University of Missouri, School of Dentistry in Kansas City, Dr. Sara Vizcarra practiced Public Health in Missouri before finding her way to Arizona. Once here, she established herself at her new dental home, which is located at the base of Pinnacle Peak Mountain. Dr. Sara has been delivering quality care since starting her practice at Pinnacle Peak Family Dentistry over 16 years ago. Since then, the practice has grown to include other providers and has gained the prestige of being one of the premier dental offices in the community. Dr. Vizcarra has also been named a Top Dentist in Phoenix twice by *PHOENIX* Magazine.

Through her experience treating patients in her general dental practice, Dr. Sara began to recognize the prevalence of dental issues going beyond those in the mouth. This led her to specialize further into craniofacial pain and dental sleep medicine. She opened her specialty practice, **AZ Sleep and TMJ Solutions**, which offers treatment for patients suffering from orofacial pain, TMJ disorders and sleep apnea. Following the completion of several residencies and years of treating these conditions, Dr. Sara has become a diplomate of the American Board of Craniofacial Pain, the American Board of Craniofacial Dental Sleep Medicine, and the American Board of Dental Sleep Medicine. Her professional activities also include volunteering to provide dental care to underserved patients in the US, as well as Central and South America.

Beyond the esteem and reputation of her practices, Dr. Sara herself is a wonderfully personable and caring dentist. She is gentle, kind, patient and compassionate. Patients and their families can find comfort in her humor and her ability to make every appointment an enjoyable experience. Dr. Sara is dedicated to excellence in every area of her life.

At home, Dr. Sara is a proud mother to her son, Luis. She enjoys being active by jogging, hiking, lifting weights, salsa dancing and practicing yoga. Above all else, she loves sharing quality time with her family.



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